

General information to the Coronavirus (SARS-CoV-2)

- The coronavirus causes an infection that can lead to symptoms like coughing ,runny nose, sore throat, fever and sometimes also diarrhea.
- Once infected, symptoms of the virus can occur up to 14 days later. The infection is for most people (80%) including children not life-threatening.
- However for a portion of those infected the virus can lead to severe complications with breathing problems and to pneumonia. Death occurs mostly to patients who are elderly and who suffer from pre-existing chronic diseases. No vaccine is currently available. There is no special treatment to end the sickness.

How is the Coronavirus transmitted?

- The virus is spread from person to person. The main mode of transmission is through droplet infection. This can occur directly through the mucous membranes of the airways or also indirectly from the hands which come in contact with the nasal mucous membranes or the conjunctivas.
- Endangered are persons who have been in north Italy or Iran in the past 14 days.

How to avoid spreading the coronavirus?

- Keep as much distance as possible when coughing or sneezing, better still turn away. Sneeze into the crook of your arm or in a tissue which you can dispose of afterwards.
- Keep your hands away from your face, avoid touching your mouth, nose or eyes with your hands.
- Avoid physical contact when you greet other people and wash your hands regularly and thoroughly for at least 20 seconds with water and soap.
- Furthermore all new arrivals will be tested for the coronavirus at the Notarzt-Börse (doctor's office). Please inform the Notarzt-Börse in which countries you have stayed in during the last 14 days.

What to do when you have symptoms?

- If signs of illness occur, like for example coughing ,runny nose, sore throat and fever, please inform the Notarzt-Börse :

Neumünster: 8:00 – 12:00 and 13:00 – 18:00 in building 3

Boostedt: 8:00 – 12:00 and 13:00 – 16:00 in building F1A

Rendsburg : 8:00 – 12:00 and 13:00 – 16:00 in building 27

If the Notarzt-Börse is already closed, please come again the next day. There is no need for you to go to the hospital at night with these symptoms or to call the emergency.

- If there is a reasonable suspicion of infection, please stay in your assigned rooms until you receive further information. Please stick to this. You will be provided with everything you need.

Please remain calm. For further questions please contact the Notarzt-Börse, the DRK or the Johanniter.